

# BREAKFAST

served until 12noon

<b>The Big Breakfast</b> 2 Bacon / 2 Sausages / Toast / Tomato / Mushroom / Soda & Potato Bread / Black & White Pudding / Egg / Beans	<b>£6.95</b>
<b>The Small Breakfast</b> 1 Bacon / 1 Sausage / 1 Toast / Tomato / Soda & Potato Bread / Egg / Beans	<b>£5.95</b>
<b>Belfast Breakfast Bap</b> Crusty Bap / 2 Sausages / 2 Bacon / Fried Egg	<b>£5.40</b>
<b>Open Soda Breakfast</b> 2 Bacon / 2 Sausages / Egg / Tomato	<b>£5.95</b>
<b>Smoked Salmon Bagel</b> Chive Cream Cheese / Tomato / Poached Egg	<b>£4.80</b>
<b>Pancake Stack</b> 2 Pancakes / 2 Bacon / 2 Sausages / Maple Syrup	<b>£5.40</b>
<b>French Toast Sandwich</b> 2 French Toast / 2 Bacon / Maple Syrup	<b>£5.40</b>
<b>Eggs Benedict</b> English Muffin / 2 Bacon / 2 Poached Egg / Hollandaise Sauce	<b>£4.95</b>
<b>Slimmers Full Irish Breakfast</b> (Healthy Option) 2 Bacon / 2 Sausages / Beans / Egg / Tomato / Mushrooms	<b>£6.95</b>
<b>Scrambled Egg</b> (Healthy Option) Scrambled or Poached Egg / Beans / Tomato / Mushrooms	<b>£4.80</b>
<b>Salmon Scrambled Egg</b> (Healthy Option) Smoked Salmon / Scrambled Egg / Toast	<b>£7.50</b>
<b>Omelettes</b> Build your own (3 Filling)	<b>£6.10</b>

# HOT DRINKS

	small	regular
<b>Latte</b>	<b>£2.45</b>	<b>£2.80</b>
<b>Cappuccino</b>	<b>£2.45</b>	<b>£2.80</b>
<b>Mocha</b>	<b>£2.85</b>	<b>£3.10</b>
<b>Americano</b>	<b>£2.15</b>	<b>£2.40</b>
<b>Espresso</b>	<b>£1.70</b>	<b>£2.05</b>
<b>Hot Chocolate</b>	<b>£2.60</b>	<b>£2.85</b>
<b>Soya Latte</b>	<b>£2.60</b>	<b>£2.85</b>
<b>Flat White</b>		<b>£2.80</b>
<b>Sticky Toffee Coffee</b>		<b>£3.80</b>
<b>Belfast Brew Tea</b> per pot		<b>£2.40</b>
<b>Herbal Tea</b> per pot Earl Grey, Peppermint, Chamomile, Decaffeinated, Green Tea, Summer Breeze, Red Berry		<b>£2.75</b>



# DELI

	sandwich	baguette
<b>Egg &amp; Onion</b>	<b>£3.90</b>	<b>£4.35</b>
<b>Vegetarian</b>	<b>£3.90</b>	<b>£4.35</b>
<b>Tuna &amp; Cucumber</b>	<b>£3.90</b>	<b>£4.35</b>
<b>BLT</b>	<b>£4.45</b>	<b>£4.90</b>
<b>Chicken Mix</b> Taco/Sweet Chilli/Chicken & Bacon with Bistro Salad & Red onion	<b>£4.45</b>	<b>£4.90</b>
<b>Ham or Beef &amp; Cheese</b> Posh Cheese & Pickle	<b>£4.45</b>	<b>£4.90</b>
<b>Ham or Beef or Turkey</b> With Bistro Salad & Tomato	<b>£4.45</b>	<b>£4.90</b>
<b>Triple Club</b>		<b>£5.80</b>
<b>Goujon Wrap</b>		<b>£6.40</b>
<b>Soup &amp; Wheaten Bread</b>		<b>£3.60</b>
<b>Soup Combo</b> Soup / Classic Sandwich		<b>£6.40</b>

# SOFT DRINKS

<b>Cans</b> Coke / Coke Zero / Fanta Orange / Fanta Lemon / Sprite / BPM £1.70	<b>£1.55</b>
<b>Fruice</b> Orange / Apple	<b>£1.05</b>
<b>Oasis</b> Summer Fruits / Citrus Punch	<b>£1.95</b>
<b>River Rock Sparkling Water / Flavoured</b> Lemon & Lime / Forest Fruit	<b>£1.35/1.65</b>
<b>Pure Orange Juice</b>	<b>£1.95</b>
<b>Ice Coffee</b>	<b>£3.50</b>

# LUNCH MENU

served 12-4pm

<b>Baked Potato</b> 1 Filling / Side Salad	<b>£5.00</b>
<b>Salad Bowl</b> Chicken or Beef or Ham	<b>£5.95</b>
<b>Lasagne</b> Bistro Salad	<b>£6.95</b>
<b>Chilli Chicken Pitta Pocket</b> Chilli Chicken Strips / Salad / Sriracha Sauce / Sour Cream	<b>£6.95</b>
<b>Mexican Burger</b> Cheese / Salad / Tomato / Jalapeño Mayo	<b>£6.95</b>
<b>The Fresco Burger</b> Lettuce / Cheese / Ballymaloe Relish	<b>£6.95</b>
<b>Buttermilk Southern Fried Chicken Fillet</b> Cheese / Lettuce / Mayo	<b>£5.95</b>
<b>Breaded Chicken Goujons</b> Bistro Salad / Duo of Dips	<b>£5.95</b>
<b>4oz Plain Burger</b>	<b>£3.95</b>
<b>Simple Chicken Escalope</b> Creamy Champ / Choice of Sauce	<b>£6.95</b>
<b>Salt N Chilli Chicken Noodle Salad</b> Noodles / Salad / Curried Mayo	<b>£6.95</b>
<b>6oz Rump Steak Open Sandwich</b> Garlic Ciabatta / Mushroom / Onion / Salad / Pepper Sauce	<b>£8.95</b>
<b>Fresco's Chicken Curry &amp; Rice</b> Medium Hot Curry Sauce / Mixed Vegetables	<b>£6.95</b>
<b>Fresco's Vegetable Curry &amp; Rice</b> Medium Hot Curry Sauce / Mixed Vegetables	<b>£5.95</b>
<b>Battered Fish</b> Mushy Peas / Tartar Sauce	<b>£6.95</b>

# SIDES

<b>Potato Sides</b> Chunky Chips / Sweet Potato Fries / Skinny Fries / Stealth Fries / Garlic Potatoes / Champ / Vegetables of the Day / Tossed Salad / Onion Rings	<b>£2.00</b>
<b>Sauces</b> Gravy / Pepper Sauce / Curry Sauce / White Wine & Mushroom	<b>£1.45</b>

# KIDS

<b>Kids Meal</b> Fresh Breaded Chicken Strips / Popcorn Chicken / Chicken Curry / Cheese Burger Tomato & Cheese Pizza / Fish Fingers / Sausages / Plain Chicken Escalope (All above served with either Chunky Chips, Skinny Fries, Garlic Cubes, Champ and Gravy or Vegetables)	<b>£5.00</b>
<b>Baby Potato, Vegetables &amp; Gravy</b>	<b>£3.00</b>